

MARRICK PRIORY OUTDOOR CENTRE

CLOTHING AND EQUIPMENT LIST 2022

The children will be encouraged to wear clothing in layers, according to the time of year and weather conditions (3 or 4 layers on the upper body are normal for most activities).

Denim jeans are **not** suitable for outdoor activities, but are ideal to be kept for evening, indoor recreational use.

A suggested check list, based on a full weeks programme, is as follows:

Item	Quantity	Remarks
Towel	2 minimum	We recommend two, one for showering and one for wet sports activities.
Toiletries	As required	Shower gel, shampoo, roll on deodorant (no sprays) toothbrush, toothpaste
Indoor clothing	2 sets	For evening use around the centre
Night wear	2 Sets	X2 sets of pyjamas for the week will suffice
Underwear	As required	Clean pants and socks for each day plus 2 additional spares in case of wet activities
Thick socks	3	For day walks/hikes – trainer socks are not suitable
Trousers	2	Day to day activity use, tracksuit/walking trouser style – Not denim jeans
Long sleeved top	2	As a base layer (a thin material)
T-shirts/tops	4	As another layer
Sweaters	4 minimum	As a middle layer – fleeces/hoodies/woollen jumpers
Fleece/warm jacket	1	As an outer layer
Waterproofs/coat	1 set	
Slippers	1 pair	Or suitable indoor footwear
Footwear	Minimum of 2 pairs of outdoor trainers.	Robust boot/shoe - suitable for day walk or similar Trainers - a pair to get wet (If chosen) Trainers - for indoor use i.e. indoor climbing
Hat and gloves	1 pair	In case of poor weather
Small rucksack	1	For day walks/spare clothing
Money	£10.00 maximum	For tuck/souvenir shop
Torch	1	
Drinks bottle	1	Essential for day walks/ offsite activities
Sun cream		Consider these items. Appropriate and suitable protection will make your son/daughters' stay more comfortable. Please refer to the group leader and or medical consent form.
Insect repellent		
Hairclips/bobbles/hairbrush		To tie long hair back during activities.

Note We do have a small stock of waterproofs and old trainers (for wet activities).

Please don't feel that items need to be purchased especially for the trip. A good supply of robust, versatile and fairly easy to dry items will do.

On Monday 23rd May, your child will need a packed lunch for this first day of our trip. All other food will be supplied by Marrick. A small selection of sweets/crisps/popcorn etc. may be brought on the trip.

Please **do not** take any of the following:- **Mobile phones, I pads or any other tablet, Electronic Games, Hair Straighteners, Hair Dryers, Digital cameras (photos will be taken by staff on a secure school device).**

All Medication to be passed to staff and NOT to be placed in child's luggage.